

# BODY RECOVERY REACTION DUE TO DETOXIFICATION

## 因排毒作用而產生好轉反應

赫林律治療法則指出，在治愈的過程中，將會產生一些徵兆或症狀。這些徵兆或反應是暫時的，這種反應，叫作【好轉反應】。這是由於【好轉反應】把你正在衰退的器官恢復正常運作，把體內的毒素排出體外。【好轉反應】通常為3天至7天左右，這是因個人生活習慣，年齡，服用量，病症和體質不同，而有所差異的。這些徵兆都不是副作用，在【好轉反應】產生過後，身體將變得輕快，有勁和精神好轉。繼續不斷地飲用能量水，可加強您的免疫能力，大多數因毒素而產生的疾病，都能不藥而愈，健康是最大的財富。

Symptom 症狀	Possible Reaction 可能現象
Acidic Blood 酸性體質者	Sleepy (daytime), dryness of throat and tongue, frequent urination, flatulence. 打瞌睡(在白天), 喉乾舌燥, 頻尿, 放屁多。
Hypertension 高血壓者	Feeling of pressure in the head, dizziness persistent for 1-2 weeks. 頭會有重重的感覺, 頭昏現象持續1至2星期。
Anemia 血液淡者(貧血)	Varies for different people, but normally slight nosebleeds occurred. (Especially female). 虽因體質而異, 但會有輕微的流鼻血(以女性占多數)。
Gastric Problems 胃不好者	Heartburn, lack of appetite. 胸口發悶, 發熱的感覺, 比較吃不下食物。
Gastric Ulcer 胃潰瘍者	Pain or pressure at the lesion part. 潰瘍部位會有疼痛或悶悶的感覺。
Gastroptosis 胃下垂者	Irritability of stomach, nausea. 胃部總覺得不適, 想嘔吐。
Intestine Dysfunction 腸不好者	Diarrhea, depends on patient condition. 有瀉肚子現象, 依病情而異。
Liver Problems 肝不好者	Nausea, skin itchiness and rashes. 想嘔吐, 皮膚會痒或有出疹的現象。
Cirrhosis 肝硬化者	Appearance of blood or blood clots in the faeces. 大便時, 有時會有血絲或血塊。
Kidney Problems 腎臟病者	Decrease in body protein, facial edema, slight edema of the legs & etc. 會有蛋白質減少, 臉部浮腫, 或腳部也輕微水腫等現象。
Diabetes Mellitus 糖尿病者	Increase in sugar excretion once in a while, edema (swelling) of the limbs. 有時會一時增加排出的糖份, 手脚也有水腫的現象。
Acne 青春痘者	Acne increase at the beginning, and then disappear rapidly. 初期會稍微增加, 但很快就會消失。
Piles 痔瘡者	Appearance of blood or blood clots the in faeces. 大便時, 有時會有血絲或血塊。
Chronic Bronchitis 慢性支氣管	Dryness of the mouth, vomiting, dizziness, difficulty in spitting out phlegm. When this happen drink lukewarm Energy Water. 會有口乾, 嘔吐, 頭昏, 不易咳出痰等現象。如出現此現象則應多喝加溫能量水。
Lungs Problems 肺不好者	Increase of yellowish phlegm when coughing. 咳嗽時, 痰增加, 微帶乳黃色。
Sinusitis 鼻竇炎者	Increase excretion of concentrated nasal mucus once a while. 有時會增加排出鼻涕量, 且呈濃稠狀。
Skin Allergy 皮膚過敏者	Increase of skin itchiness at first, than decrease eventually a few days later. When this happen, drink more Energy Water and bath with lukewarm Energy Water. 初期皮膚發痒加劇, 幾天後, 即減緩, 可采間歇性飲用。同時以加溫能量水洗澡。
Nervous System 神經官能症者	Insomnia and hyperexcitation occurs, therefore it is advisable to consume the lukewarm Energy Water before going to bed. 不但不能入睡, 反而出現興奮現象, 故宜睡前喝加溫能量水以減緩此等現象。
Leukocytopenia (Decrease of Total White Blood Cells) 白血球過少者	Dryness of the mouth, dreamy, stomach irritation & etc. 覺得口乾, 多夢, 胃不舒服等現象。
Rheumatism 風濕痛者	Slight pain at the affected parts and will disappear a few days later. 患部會有輕微酸痛, 幾天後, 即消失。
Gout, Childbirth Fever 痛風, 月內風者	General weakness or soreness, and will disappear a few days later. 會有全身性的無力感或酸痛, 但經幾天後, 即消失。
Hyperuricemia 尿酸過多者	General pain throughout the whole body, various reactions depends on the patient's condition. 全身酸痛, 依症狀程度, 出現不同的反應。

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好轉反應並不是副作用，而在【好轉反應】消失後，身體的低抗力增強了，免疫力也強化了，大部份已發生的疾病，也就不藥而愈，身體將變得更健朗，更煥發，讓您愉快的邁向成功之路！

Recovery reaction is not a side effect, after it's disappeared, the body defence get stronger while the immune system becomes more effective. Most of the sickness are gone eventually. You will become healthier and more energetic and we hope will succeed in your life!